

## **ETIQUETTES OF THE NOON (ZOHR) PRAYER**

### **THE TIME BETWEEN SUNRISE AND SUNSET**

Before sunrise, it is recommended to say the supplicatory prayers, which will be cited in Chapter Five.

It is highly advisable to begin the day with giving as alms any thing; no matter how little it is.

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It is obligatory to prepare yourself for performing the Noon Prayer and to precede it by a nap that is taken in order to help do the night acts of worship and to observe fasting during daylight. It is also important to exert all efforts in order to wake up before noon so as to perform the ritual ablution, go to the mosque, and offer there the two-unit Greeting Prayer (Salat al-Tahiyah). You may wait for midday (zohr), if it has not come yet.